## Colorado

**Jessica Joiner, LCSW, LAC**  
*Parker, CO*  
**Phone:** (303) 895-0635  
**Email:** jessica.joiner@journeyinspiredcounseling.com  
**Locations Available:** Colorado  
**Specialties:** Overall Mental Health & Wellness, Substance Abuse & Addiction, Co-Occurring Disorders  
**Available Telehealth Platforms:** Google Meets, Doxy.me

## Connecticut

**Dana Parrot, LICSW**  
*Amherst, MA*  
**Phone:** (413) 687-7204  
**Email:** danajparrot@yahoo.com  
**Locations Available:** Massachusetts, Florida, Connecticut  
**Specialties:** Skills with Dialectical Behavior Therapy, experience as a former Division I collegiate athlete and 2-time qualifier for Olympic Marathon Trials  
**Available Telehealth Platforms:** Doxy.me, phone

**Dawn Shadron, LCSW**  
*West Hartford, CT*  
**Phone:** (203) 676-4298  
**Email:** dawn.m.shadron@gmail.com  
**Locations Available:** Connecticut  
**Specialties:** College Student Athletes, Pro Sport Mental Health and Performance  
**Available Telehealth Platforms:** Doxy.me, Zoom, WebEx

## District of Columbia

**Eric Dawson, LCSW, LGSW**  
*New York & D.C.*  
**Phone:** (989) 600-1289  
**Email:** ericdawsonlcesw@gmail.com  
**Locations Available:** New York and District of Columbia  
**Specialties:** Anxiety and Pressure Related to Athletic & Academic Performance, Trauma, Addiction, Depression, Experience with Collegiate & High School Student Athletes  
**Available Telehealth Platforms:** FaceTime, Zoom, Skype
Florida

**Stacy Kratz, Ph.D, LCSW**
*Email: stacy@kratz.us*
*Tampa, FL*
*15 years experience*

**Location Available:** Florida
**Additional Credentials:** Certified Addictions Professional (CAP)
**Specialties:** Sport Mental Health and Wellness Therapy, Alcohol & Other Drug Abuse Prevention and Treatment, Family Counseling and Wellness
**Available Telehealth Platforms:** Doxy.me, Zoom

**Dana Parrot, LICSW**
*Phone: (413) 687-7204*
*Email: danajparrot@yahoo.com*
*Amherst, MA*
*20 years experience*

**Location Available:** Massachusetts, Florida, and Connecticut
**Specialties:** Skills with Dialectical Behavior Therapy; experience as a former Division I collegiate athlete and 2-time qualifier for Olympic Marathon Trials
**Available Telehealth Platforms:** Doxy.me, phone

**Jesus A. Vasquez, LCSW**
*Phone: (813) 431-8190*
*Email: vasquezcounselingandwellness@gmail.com*
*Website: vasquezcounselingandwellness.com*
*Tampa, FL*
*12+ years experience*

**Location Available:** Florida
**Specialties:** Substance Abuse, Anxiety, Depression, Mood Disorders, Life Stressors
**Available Telehealth Platforms:** Zoom

**Mark D. Davis, LCSW**
*Phone: (813) 968-3417*
*Email: mdavis@davissoundmind.com*
*Tampa, FL*
*30+ years experience*

**Location Available:** Florida
**Additional Credentials:** Certified Addictions Professional (CAP), Sports Performance Psychology & Athlete Assistance Program
**Specialties:** Sports Performance Psychology & Athlete Assistance Program
**Available Telehealth Platforms:** Doxy.me
Georgia

Brad Hambric, LPC, BC-THM, LCAS-A  
**Durham, NC**  
**Phone:** (919) 946-0340  
**Email:** brad@bellavietherapy.com  
**Website:** bellavietherapy.com  
**Locations Available:** North Carolina, Georgia  
**Specialties:** Athletes, Minorities, Anxiety, Depression, Telehealth, Group & Individual Services  
**Available Telehealth Platforms:** Vsee, Zoom, Doxy.me  

Illinois

Anna Marcolin, MSW, LCSW  
**Highland Park, IL**  
**Phone:** (847) 691-0400  
**Email:** annamarcolinlcsw@gmail.com  
**Locations Available:** Illinois  
**Specialties:** Late Teens & Adults, Anxiety, Depression, Eating Disorders; Individual, Couple, and Family Treatment  

Iowa

Katie Johnson, LISW  
**Cedar Rapids, IA**  
**Phone:** (319) 382-4721  
**Email:** katie@johnsoncounselingllc.com  
**Website:** www.johnsoncounselingllc.com  
**Locations Available:** Iowa  
**Specialties:** Anxiety, Depression, Adjustment Issues, Sport-Related Therapy  
**Available Telehealth Platforms:** Spruce (HIPAA-compliant, set-up is assisted)  

Maine

Kimberly Plourde, LCSW  
**Lynchburg, VA**  
**Email:** kimp@thriveworks.com  
**Locations Available:** Maine, Virginia  
**Specialties:** College Athletes, Olympic Athletes, Anxiety, Depression, Life Transitions, Trauma, Grief and Loss, Individuals, Couples, experience playing professional women’s football  
**Available Telehealth Platforms:** Zoom
Maine (cont.)

**Shirley Rush, MSW, LCSW**  
*Fort Fairfield, ME*  
*20 years experience*

**Phone:** (207) 551-9954  
**Email:** shirley.rush@maine.edu  
**Locations Available:** Maine  
**Specialties:** Generalist Practice, Cognitive Behavior Therapy (CBT), Academic Mentoring, Male College Athletes

Massachusetts

**Geoff Cushner, LICSW**  
*Worcester, MA*  
*7 years experience*

**Phone:** (508) 304-7499, (508) 304-1001  
**Locations Available:** Massachusetts  
**Specialties:** Cognitive Behavior Therapy (CBT), Trauma (TF-CBT), Adoption/Foster Care, Anxiety, Panic Disorder, Depression, Anger Management, & Life Changes/Transitions  
**Available Telehealth Platform:** Doxy.me

**Dana Parrot, LICSW**  
*Amherst, MA*  
*20 years experience*

**Phone:** (413) 687-7204  
**Email:** danajparrot@yahoo.com  
**Locations Available:** Massachusetts, Florida, and Connecticut  
**Specialties:** Skills with Dialectical Behavior Therapy; experience as a former Division I collegiate athlete and 2-time qualifier for Olympic Marathon Trials  
**Available Telehealth Platforms:** Doxy.me, phone

**Jim Helling, LICSW, CMPC**  
*Amherst, MA*  
*15 years experience*

**Phone:** (413) 824-2808  
**Email:** jhelling.licsw@gmail.com  
**Locations Available:** Massachusetts  
**Specialties:** Traumatic Stress, Resilience, Anxiety, Depression, Somatic Psychology, Performance Psychology, Eye Movement Desensitization & Reprocessing (EMDR), College Student Mental Health  
**Available Telehealth Platforms:** Secure Video (HIPAA compliant)

**Christine A. Mosher, MSW, LICSW**  
*Onset, MA*  
*15 years experience*

**Phone:** (508) 274-1216  
**Email:** cmosher2364@gmail.com  
**Locations Available:** Massachusetts  
**Specialties:** Anxiety, Depression, Chronic Mental Health, Substance Abuse, Children, Adolescents, Adults, Seniors, Athletes  
**Available Telehealth Platforms:** Zoom, FaceTime

P.O. Box 592664  |  San Antonio, TX 78259  |  Tel: (800)567-1178  |  Fax: (765)285-1029

[www.aswis.org](http://www.aswis.org)
Michigan

Stephanie Gaumer, LMSW
Email: sgaumer@counselingcentersofmichigan.com
Company Website: www.counselingcentersofmichigan.com/stephaniegauuner.html
Locations Available: Michigan
Specialties: Performance Anxiety/Stress Management, Coping with Injury, Transition Out of Sport, Peak Performance; sport specialty in Gymnastics
Available Telehealth Platforms: TheraNest through client portal

Stephanie Falotico, LMSW
Phone: (586) 698-8951
Email: sfalotico.lmsw@gmail.com
Locations Available: Michigan
Specialties: Anxiety, Depression, Adjustment, Grief and Loss, Communication, Peak Performance, Sleep, Performance Anxiety, Relaxation Skills
Available Telehealth Platforms: Mindurance (in-progress), Zoom or Google Duo for private pay if able

Missouri

David Harris, LCSW
Phone: (314) 260-6680
Website: posbydesign.com
Location: Missouri
Specialties: Performance Coaching, Anxiety, Bipolar Disorder, Depression, PTSD, and Life Transitions
Available Telehealth Platforms: VSEE

Derrick R. Howell, LCSW
Phone: (314) 782-8844
Website: humblemonarchtherapy.com
Locations Available: Missouri
Specialties: Men’s Health and Anxiety
Available Telehealth Platforms: VSEE
Montana

Gypsy Ray, LCSW
Phone: (406) 880-0977
Email: gypsyraylcsw@gmail.com
Specialties: Athlete Mental Health, Eye Movement Desensitization and Reprocessing (EMDR)
Trauma Therapy, Anxiety, Depression

Nebraska

Jade Patterson, MSW, PMSW, PLMHP
Phone: (402) 540-0310
Email: jadepatterson@unomaha
Locations Available: Nebraska
Specialties: Trauma, Depression, Anxiety, Mental Health Needs, some experience with Eating Disorders & Other Major Mental Illness
Available Telehealth Platforms: Zoom, FaceTime, Skype, others as needed

New Jersey

Shannon Paskaris, MSW, LCSW
Email: shannon.paskaris@gmail.com
Locations Available: New Jersey
Specialties: Anxiety, Mood Disorders, Trauma/PTSD, Mindfulness, Cognitive Behavior Therapy (CBT), Dialectical Behavior Therapy (DBT), experience as former Division I Collegiate Athlete
Available Telehealth Platforms: Google Hangouts Meet G Suite

New York

Eric Dawson, LCSW, LGSW
Phone: (989) 600-1289
Email: ericdawsonlcsw@gmail.com
Locations Available: New York and District of Columbia
Specialties: Anxiety and Pressure Related to Athletic & Academic Performance, Trauma, Addiction, Depression, Experience with Collegiate & High School Student Athletes
Available Telehealth Platforms: FaceTime, Zoom, Skype
Devon Bonnemere, LCSW  Harrison, NY
Phone: (914) 222-1651  15 years experience
Locations Available: New York
Specialties: Anxiety, Depression, Anger, Cognitive Behavior Therapy (CBT)
Available Telehealth Platforms: Doxy.me

Alex Diaz, Ph.D, LCSW  Tuckahoe, NY
Phone: (914) 793-9719  20 years experience
Email: alexdiaz@sportsmentaledge.com
Locations Available: New York
Specialties: PTSD, Anxiety, Depression, Post-Concussion Trauma, Life Transitions, Bi-Cultural Issues for Hispanic clients, Distractibility, OCD

North Carolina

Anita A. Daniels, MSW, LCSW, LCAS, CCS  Durham, NC
Phone: (919) 564-9360  35 years experience
Email: actualitiesltd@gmail.com
Website: https://actualitiesltd.com
Locations Available: North Carolina
Additional Credentials: Sports Counseling Certificate (CalU), NC DMV Substance Abuse Evaluator, NC Certified Forensic Evaluator
Specialties: Depression, Anxiety, Grief and Loss, Addictions (Drugs, Alcohol, Gambling), Sports Counseling, Athlete Development, Couples Counseling, Life Transitions
Available Telehealth Platforms: HIPAA-Compliant Telehealth by SimplePractice, Doxy.me

Brad Hambric, LPC, BC-THM, LCAS-A  Durham, NC
Phone: (919) 946-0340  7 years experience
Email: brad@bellavietherapy.com
Website: bellavietherapy.com
Locations Available: North Carolina, Georgia
Specialties: Athletes, Minorities, Anxiety, Depression, Telehealth, Group & Individual Services
Available Telehealth Platforms: Vsee, Zoom, Doxy.me
Ontario, Canada

Linda York, B.Ed, BSW Hons, MSW, RSW
Locations Available: Ontario
10 years experience
Additional Credentials: ASWIS member, OASW member
Specialties: Hockey, including 10 years experience as a hockey coach; Mental Health; Trauma; Anxiety; Depression; Eye Movement Desensitization and Reprocessing (EMDR); Mindfulness-Based Cognitive Behavior Therapy (CBT); Other Trauma, Expressive, and Somatic Therapies
Telehealth Platforms: Doxy.me

Oregon

Cindy Miller Aron, LCSW, CGP, FAGPA
Phone: (514) 760-2804
25+ years
Email: cindi152001@gmail.com
Location: Oregon
Specialties: Elite Athletes, Athletic Personnel and Systems, Depression, Anxiety, Mood Disorders, PTSD and Trauma Related Disorders, Adjustment Disorders, and Group Therapy
Available Telehealth Platforms: Zoom

Pennsylvania

Elizabeth Browning, LCSW
Phone: Cell (717) 215-0077 | Office (717) 686-4658
21 years experience
Locations Available: Pennsylvania
Specialties: Veteran and Family Services Certified, Transitional Issues, Substance Abuse, Mental Health, Child Protective Services
Available Telehealth Platforms: Zoom, Skype, open to others
South Carolina

Spencer Kilpatrick, LISW  
Charleston, SC  
Phone: (724) 413-8081  
Email: skilpa62@gmail.com  
Locations Available: South Carolina  
Specialties: Depression, Anxiety, Adjustment, Unexpected Life Changes & Transitions, Cognitive Behavior Therapy (CBT), Mindfulness, Motivational Interviewing  
Available Telehealth Platforms: Meta App

Texas

Katie Bartley, LMSW, pending LCSW  
Austin, TX  
Phone: (512) 649-8500  
Email: katie@katiebartley.com  
Website: www.katiebartley.com  
Locations Available: Texas  
Specialties: Young adults, Teens, Couples, Parents, Athletes of all kinds, former experience in Division I soccer  
Available Telehealth Platforms: Doxy.me, Zoom, Gmeet

Karen Winston, LCSW  
Bellaire, TX  
Phone: (713) 666-1419  
Locations Available: Texas  
Specialties: 13 years experience as team clinician for the Houston Texans, worked with NFL in teaching rookie program, have had experience with elite athletes from all major sports

Utah

Julie Larsen, LCSW  
Murray, UT  
Phone: (801) 706-1205  
Email: julie.larsen@sportstalktherapy.org  
Locations Available: Utah  
Specialties: General  
Available Telehealth Platforms: Zoom, Skype
Virginia

**Ashlea Hopkins, LCSW**  
*Sterling, VA*  
*15+ years experience*

**Email:** Ashlea@speroworkstherapy.com  
**Locations Available:** Virginia  
**Specialties:** College Athletes, Youth Athletes, Anxiety, Depression, Life Transitions, Trauma, Grief and Loss, Individuals, Teams, Suicide and Time Management  
**Available Telehealth Platforms:** Zoom

**Kimberly Plourde, LCSW**  
*Lynchburg, VA*  
*28 years experience*

**Email:** kimp@thriveworks.com  
**Locations Available:** Maine, Virginia  
**Specialties:** College Athletes, Olympic Athletes, Anxiety, Depression, Life Transitions, Trauma, Grief and Loss, Individuals, Couples, experience playing professional women’s football  
**Available Telehealth Platforms:** Zoom

Wisconsin

**Katherine (Katey) Collins, LCSW**  
*Lake Geneva, WI*  
*20+ years experience*

**Phone:** (262) 749-8687  
**Email:** bhappytherapy@gmail.com  
**Locations Available:** Wisconsin  
**Specialties:** Females, Sexual Abuse, Children & Adolescents, Athletes; personal background in Swimming, Running, Triathlon  
**Available Telehealth Platforms:** Zoom